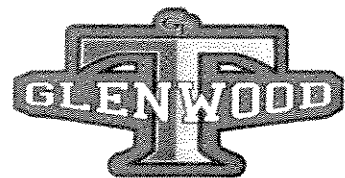
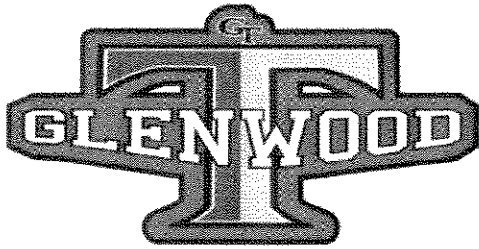


**GLENWOOD  
SUMMER  
SPORTS CAMPS  
2009**





The Glenwood Summer Sports Camps are designed to give boys and girls of all levels, beginners to advanced, the opportunity to develop their individual skills under the guidance and direction of the Glenwood High School Coaching Staff.

Each camp will emphasize basic techniques, fundamental skills and physical fitness. More importantly, the Summer Camps strive to develop interest and enthusiasm for sports and athletics.

An overview of each camp offered through Glenwood Athletics is included in this brochure. The camps will be led by experienced high school coaches, and assisting will be collegiate and high school athletes. The specific ages listed for each camp are according to the grade the child will enter in the Fall of 2009.

Please complete the registration form and sign the waiver to allow your child to participate. Participation is not limited to students in the Ball-Chatham School District.

**Please register by May 15 to ensure your child will receive items provided by the camp.**

**Entries received after May 29, are subject to a Late Fee of \$5 per child, per camp.**

## **BASKETBALL (Boys)**

- AGES:** Grades 2 - 8
- WHEN:** **Camp** - June 1 - 4  
**Academy** - Mondays and Wednesdays  
beginning June 15, through July 8 (same times as Camp)
- TIMES:** Grades 2-5, 9:00 am—10:30 am  
Grades 6-8, 10:45 am—12:15 pm
- WHERE:** Glenwood High School West Gym
- COST:** \$100 (Camp and Academy)
- WHAT TO BRING / WEAR:**  
Shorts, t-shirt, basketball shoes
- QUESTIONS:** Head Coach Todd Blakeman  
(W) 483-2424  
(H) 483-9424

We begin with a traditional 4 days of camp, then work with campers two mornings a week throughout the summer to emphasize skills they have learned. You can expect: individual awards, prizes, t-shirt, a Glenwood Camp Ball, fun, contests, games *and* improved skills.

## **BASKETBALL (Girls)**

- AGES:** Grades 3 - 8
- WHEN:** June 8-12
- TIMES:** Grades 3 - 5 , 8:00 am - 9:30 am  
Grades 6 - 8, 9:30 am - 11:00 am
- WHERE:** Glenwood High School West Gym
- COST:** \$50
- WHAT TO BRING / WEAR:**  
Shorts, t-shirt, sneakers, water bottle
- QUESTIONS:** Head Coach Mark Lash  
(W) 483-2424  
mlash@chathamschools.org

Camp will consist of fun, action-packed days designed to develop each camper's fundamental basketball skills and overall playing ability. Areas of instruction will include: shooting, ball-handling, footwork, rebounding, defense and much more! Each camper will receive a basketball and t-shirt.

## **DISTANCE RUNNING (CO-ED)**

**AGES:** Grades 5 - 8  
**WHEN:** June 1-3  
**TIMES:** 8:00 am—10:00 am  
**WHERE:** Glenwood High School Track  
**COST:** \$50  
**WHAT TO BRING / WEAR:**

T-shirt, shorts, running shoes. Water will be available.

**QUESTIONS:** Head Coach Mike Johnson  
(cell) 691-9434  
mjohanson@chathamschools.org

Designed for boys and girls interested in cross country and distance running. This camp will enhance your understanding of basic techniques and increase your motivation for running. The key concepts of "Run For Fun" and personal bests will be highlighted.

## **FOOTBALL**

**AGES:** Grades 2 - 8  
**WHEN:** June 8-12  
**TIMES:** Grades 2-5, 9:00 am—10:30 am  
Grades 6-8, 10:30 am—12:00 pm  
**WHERE:** Glenwood High School Practice Field  
**COST:** \$50  
**WHAT TO BRING/WEAR:**

T-shirt, shorts or sweats, rubber cleated shoes preferred.

**QUESTIONS:** Head Coach Dan Rourke  
(W) 483-2424  
(cell) 971-9729

Now in its 17th year, the Titan Football Camp will give you the opportunity to develop your individual skills as well as develop team concepts. Join us, brighten your football future and make the summer of 2009 a memorable one!



## **SOCCER (CO-ED)**

- AGES:** Grades K - 8 (co-ed) and freshmen girls
- WHEN:** June 22 - 25
- TIMES:** Grades K-5, 8:30 am - 11:00 am  
Grades 6-8 & freshmen girls, 1:00 pm - 3:30 pm
- WHERE:** Glenwood High School Soccer Fields
- COST:** \$60
- WHAT TO BRING / WEAR:** Soccer ball, shin guards, and water bottle
- QUESTIONS:** Head Coach Jay Lipe  
(W) 483-1183  
(H) 585-8789  
jlipe@chathamschools.org

Each day of camp will include technical (fundamental) training, small sided games / tactical training, scrimmages, contests and review. The Titan Soccer Camp is for players of all skill levels, recreational or competitive, beginner or advanced. We hope to provide each player with the fundamental skills and knowledge needed to succeed at all levels of play.

## **SWIMMING (CO-ED)**

- AGES:** Grades 3 - 8
- WHEN:** June 15-19
- TIMES:** 8:30 am - 10:00 am
- WHERE:** Panther Creek Country Club Pool
- COST:** \$100
- WHAT TO BRING / WEAR:** Swimsuit, towel, goggles, swim cap recommended.
- QUESTIONS:** Head Coach Jenni Baldin  
(cell) 622-3682

### **Minimum Requirements:**

THIS IS NOT A LESSONS PROGRAM. Each swimmer must be able to swim one full length of a 25-yard pool both freestyle and backstroke without stopping.

This is a camp for competitive swimmers of all experience levels. Proper stroke technique in both practice and competition settings will be emphasized along with stroke drills and racing strategies. Younger swimmers will receive one on one attention from both coaches and some of Glenwood High School's most experienced swimmers. You can expect: individual attention, improved stroke technique, camp t-shirt, races and pool games and of course, a week of fun in the sun! Be sure to take advantage of the opportunity to participate in this up and coming sport!

## TENNIS (CO-ED)

**AGES:** 8 - 18 years of age

**WHEN:** Session 1 June 8 - June 26  
Session 2 July 6 - July 24

**TIMES:** Level 1 Beginners Mon, Tue, Wed 8:00 - 9:00 am

Level 2 Intermediate Mon, Tue, Wed, Thurs 9:00 - 10:00 am

Level 3 Advanced—High School and Tournament Players  
Mon, Tue, Wed, Thurs 10:00 - 11:30 am

**WHERE:** Glenwood High School Tennis Courts

**COST:** Level 1 \$100 per session  
Level 2 \$125 per session  
Level 3 \$185 per session

### WHAT TO BRING / WEAR:

Racket, tennis shoes and water bottle

**QUESTIONS:** Head Coach Eric Surges

(W) 483-2481 esurges@chathamschools.org

Individual lessons may be scheduled. Lessons will include basic stroke technique, footwork, strategy and scoring. Drills, games and matches will be part of every level.

## TRACK & FIELD CAMP (CO-ED)

**AGES:** 6 - 11 years of age

**WHEN:** June 29 - July 2

**TIMES:** Ages 6 - 8, 8:00 - 9:30 am  
Ages 9 - 11, 9:45 - 11:00 am

**WHERE:** Glenwood High School Track

**COST:** \$35

### WHAT TO BRING / WEAR:

Running shoes, water bottle.

**QUESTIONS:** Head Coach Ryan Staley

(W) 483-2481 (cell) 502-3301

This camp is for kids who enjoy track and field. It's an exciting week of events that stress the importance of physical fitness and correct running form using the basic fundamentals. Each participant will compete in a real track meet held the last day of camp. It's a great time for parents to watch their athlete compete for ribbons and to see the skills they have learned.

# VOLLEYBALL

- AGES:** Grades 3 - 8
- WHEN:** June 15-18
- TIMES:**
- |                 |                      |
|-----------------|----------------------|
| 3rd & 4th Grade | 8:00 am - 9:30 am    |
| 5th & 6th Grade | 9:30 am - 11:00 am   |
| 7th Grade       | 12:00 noon - 2:00 pm |
| 8th Grade       | 2:00 pm - 4:00 pm    |
- WHERE:** Glenwood High School East Gym
- COST:**
- |                 |      |
|-----------------|------|
| 3rd - 6th Grade | \$50 |
| 7th & 8th Grade | \$75 |
- WHAT TO BRING / WEAR:**  
Shorts, t-shirt, knee pads, shoes
- QUESTIONS:** Head Coach Brittany Koester (Bisch)  
bkoester@chathamsschools.org  
(cell) 414-4589

Basic volleyball fundamentals and skills will be stressed during camp, along with team offense and defense.

# WRESTLING

- AGES:** Grades 1 - 8
- WHEN:** June 1 - 4
- TIMES:** 8:00 am—10:00 am
- WHERE:** Glenwood High School Wrestling Room
- COST:** \$50
- WHAT TO BRING / WEAR:**  
T-shirt, shorts, tennis shoes or wrestling shoes
- QUESTIONS:** Head Coach Tom Johnson  
(W) 483-2424, ext 1432  
(H) 553-5702

Members of the coaching staff, along with past and present high school wrestlers will teach the fundamentals of wrestling. A wrestling T-shirt will be given to all participants. There will be games and competition daily.

# Glenwood Summer Sports Camp Registration Form

- ⊗ Please pre-register by May 15 to ensure child receives shirt, etc.
- ⊗ Use one Registration Form per child. It is only necessary to mail one check per household.
- ⊗ Make checks payable to: Glenwood High School Summer Camps
- ⊗ Mail to: Glenwood High School Athletics / Summer Camps

1501 E. Plummer Blvd.  
Chatham, IL 62629

**SORRY NO REFUNDS**

Participant's Name \_\_\_\_\_

Grade Entering Fall 2009 \_\_\_\_\_ Age \_\_\_\_\_

Size T-Shirt (adult sizes) \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL (youth sizes) \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L

Check the camps your child will attend.

_____ Basketball (Boys)	\$100	_____
_____ Basketball (Girls)	\$50	_____
_____ Dist. Running (Co-ed)	\$50	_____
_____ Football	\$50	_____
_____ Golf (Co-ed)	\$100	_____ "YES", Need Clubs _____
	\$70	_____ (Scramble Only)
_____ Pole Vault (Co-ed)	\$60	_____
_____ Soccer (Co-ed)	\$60	_____
_____ Swimming (Co-ed)	\$100	_____
_____ Tennis (Co-ed)	\$100	_____ Beginner
Session 1 _____	\$125	_____ Intermediate
Session 2 _____	\$185	_____ Advanced
_____ Track & Field (Co-ed)	\$35	_____
_____ Volleyball	\$50	_____ (Grades 3-6)
	\$75	_____ (Grades 7-8)
_____ Wrestling	\$50	_____
	After May 29 LATE FEE	_____ (additional \$5 per camp)
	<b>TOTAL AMOUNT</b>	_____

## WAIVER

We/I hereby release the Bail-Chatham School District #5, the Glenwood Summer Sports Camps, and all non-school facilities and their employees from all claims on account of injuries which may be sustained by our/my child while attending summer camp; and we/I agree to indemnify the Bail-Chatham School District #5, the Glenwood Summer Sports Camps, and all non-school facilities and their employees for any claim which may hereafter be presented by our/my child as a result of any such injuries.

Furthermore, we/I certify that within the past year our/my child has had a physical examination and is physically able to participate in sports activities. In the event of illness or injury, we/I hereby give consent for medical treatment and permission to the attending physician to hospitalize and secure proper treatment. Whenever possible, both parents must sign this release.

Parents/Guardians \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

In case of emergency when parents cannot be reached, please contact:

Name \_\_\_\_\_ Phone \_\_\_\_\_